



Lacey Township School District Wellness Meeting

Location: LTHS Library

Date: Tuesday, October 1st, 2019

Attendees:

Time: 9am

I. Call to order

Crystal DeCaro called to order the first meeting of the Wellness Committee at 9am on October 1st, 2019 at Lacey Township High School.

II. New business

- a) Introduction of what it means to be a part of this committee
 - i) Share Resources, including District Policies and Administrative Code for Competitive Food Sales
- b) Exciting News!
 - i) Demonstration Taste Testing/ Samplings set up throughout the year!
 - (1) Morningstar (chili using meatless crumbles and chik' nuggets); Sabra Hummus; General Mills; Tofurky deli slices and pockets; and more to come.
 - (2) Any suggestions?
 - ii) Meatless Monday Initiative

III. Open issues

- a) Discussion of future meeting dates
 - i) See "Save the Dates" Invitations to be shared
- b) Thoughts behind an "Energy Drink" Policy
- c) Questions

IV. Adjournment

Crystal DeCaro adjourned the meeting at _____ (time).