



# LACEY TOWNSHIP SCHOOL DISTRICT

*A Tradition Of Pride · A Tradition Of Excellence*

WILLIAM W. ZYLINSKI  
ASSISTANT SUPERINTENDENT

## Health Opt-Out Instructions

Dear Parent:

The Lacey Township School District is in the process of updating its Health and Physical Education curriculum to be compliant with the 2020 New Jersey State Learning Standards in Comprehensive Health and Physical Education provided by the New Jersey Department of Education. We value the importance of partnering with families as we educate students in the knowledge and skills they need in order to lead a healthy and active life. The curriculum, once approved, will form the basis for your child's teacher to develop their daily lesson plans and is available on the district website for your review. We invite you to examine the proposed draft curriculum. You are also welcome to contact your child's health teacher to preview the lesson topics they will be teaching your child.

The Lacey Township School District acknowledges that parents are the primary family life educators for their children. We are committed to partnering with you in this role. We strongly encourage families to have their child participate in these health topics; however, **parents have the option of excluding their child from any or all of these proposed units based on the 2020 updated standards if it is in conflict with their conscience, morally, or religiously held beliefs.** If this is the case, please click on the appropriate school to fill out the form for each student.

In each form, please select the specific Health Curriculum Unit(s) from which you would like your student(s) excluded, (you will need to fill out a separate form for each child). Students who opt-out will be provided a separate assignment for the duration of those identified units.

- [Cedar Creek Elementary School](#)
- [Forked River Elementary School](#)
- [Lanoka Harbor Elementary School](#)
- [Mill Pond Elementary School](#)
- [Lacey Township Middle School](#)
- [Lacey Township High School](#)

Should you change your mind at any time please contact your child's school. Health teachers will also be reminding parents of this option prior to the start of health classes. Please feel free to contact me if you have any further questions.

Sincerely,  
William W. Zylinski  
Assistant Superintendent